

SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY

SAULT STE. MARIE, ONTARIO

COURSE OUTLINE

Course Title            NURSING CONCEPTS

Code No                NUR 330-1

Program                NURSING

Semester:              FIVE

Date:                    SEPTEMBER, 1989

Author:                MARIE PRICE (REVISED BY VERA HOBBS)

New

Revision: X

APPROVED



Vera Hobbs

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## CALENDAR DESCRIPTION

NURSING CONCEPTS

NUR 330-1

Course Name

Course Number

### COURSE DESCRIPTION:

This course is designed to assist the student to assume responsibilities of a professional registered nurse. Taking responsibility for personal and professional development is the central core of this course. Current issues and trends are important components of career development and will be a focus of the course. Client advocacy, nursing leadership, team membership, methods of health care delivery and use of change process will also be included.

### COURSE OBJECTIVES:

- I. Demonstrate the ability to assume responsibility for continued personal and professional development,
- II- Describe current issues and trends related to nursing.
- III. Examine assertiveness in nursing, especially as it pertains to client advocacy and nursing leadership.
- IV. Examine various methods of nursing care delivery.
- V. Analyze the roles and responsibilities of the nursing profession relative to the structure of the health care system.

### METHOD OF EVALUATION (GRADING METHOD);

1. Participation and Attendance 21%
  - a) Participation marks are based on enhancing class learning by:
    - being alert
  - 11% - contributing to group development
    - helping with group tasks
    - sharing relevant information with the class

METHOD OF EVALUATION (GRADING METHOD) (CONT'D):

- b) Attendance marks are based on:
  - 10% - being present (1 absence will be excused if teacher is notified before class)
  - being on time

Feel free at any time to see the teacher during posted office hours to find out your status in these areas,

- 2. Written assignments 79%
  - 50% a) NURSING SHORTAGE ESSAY
  - 20% b) ADVOCACY
    - 10% WRITTEN
    - 10% ORAL
  - 9% c) RNAO - ONA - CHANGE ESSAY

See instructions for written assignments on separate handout-
- 3. Extra Credit POSSIBLE 15%
  - 5% a) Meet with Teacher to Discuss Objectives I., D., E,
  - 5% b) For attending an RNAO Meeting.
  - 5% c) For attending an ONA Meeting. 

---100%

INSTRUCTIONAL METHOD:

Content will be presented in lectures, group work, written assignments and with guest speakers.

READING:

Students are expected to read textbooks, journal articles and current literature. Sharing this in class will form part of participation mark.

Refer to Book List.

## LEARNING OBJECTIVES

Demonstrate the ability to assume responsibility for continuing personal and professional development.

- A. Develop a tool for evaluation of class participation,
- B. Explore rationale for development of personal and professional goals.
- C. Examine issues and trends which will influence your career in nursing.
- D. Develop tentative personal and professional goals for the following time periods: 6 months, 1 year, 2 years, 3 years, 5 years, 10 years. Consider your interests, strengths and weaknesses.
- E. Share these goals with 1 classmate. Arrange a date and time to evaluate goals in 6 months.

II. Describe current issues and trends related to nursing.

III. Examine assertiveness in nursing, especially as it pertains to client advocacy and nursing leadership.

A. Examine the nurse's role as patient advocate.

- 1. Define the term patient advocate.

## LEARNING RESOURCES

Review group theory and learning theory.

Textbook: Managing Your Career in Nursing, Henderson & McGettigan, 1986.

RNAO - Position on Entry to Practice

See Other Objectives

"Advocacy: What is it?"

(Brower) J. Gerontal Nursing, 1982; March 8, pp. 141-143

## LEARNING OBJECTIVES

- Identify characteristics in a professional nurse to be the patient's advocate.
3. Cite everyday examples of when patients need an advocate.
  4. Examine issues that may cause nurses to abandon their client/advocate role
- B. Examine selected skills crucial to the nurse's role as patient advocate.
1. Demonstrate assertiveness skills.
- Examine how change process skills may be used to facilitate patient advocacy
- a. Identify examples of changes in progress and needed changes in your current nursing practice settings.

## LEARNING RESOURCES

Storch, J., Patient's Rights, McGraw-Hill, 1982, pp. 170-17

"Patient's Advocate - Letting Patient Go" (Carol Anne Hanrahan), RN, Oct. 1984, pp. 17-18-

Herman, S.J., Becoming Assertive, (RT8 6H4 7)

Angel, Gerry, Developing the New Assertive Nurse, (RT86A63

Chenevont, M., Stat; Special Techniques in Assertiveness Training, (R692C4B}

Sundeen, S.J., Nurse-Client Interaction, Mosby, 19 85, pp. 188-189.

Devise an appropriate clinical objective for your practice related to assertiveness.

Kozier, B., Fundamentals of Nursing, 3rd Edition, Addison Wesley, 1987, pp. 142-144.

"Managing Change Creatively" by B. Walton Sprodley, Journal of Nursing, May, 1980.

## LEARNING OBJECTIVES

- b. Develop a plan for implementing a change in your nursing practice setting.

Describe how to develop and use political action skills for patient advocacy.

### C. Describe the leadership role of the nurse.

1. Define "leadership."
2. Identify styles of leadership.
3. Identify methods of decision making.
4. List key attributes for the leadership role of the staff nurse and head nurse.
5. Describe the professional nurse's role in influencing the health care system.

## LEARNING RESOURCES

"Savage Beasts That Soothe: How the Pet Visitation Program Works", (O. Roberts)r CN, Sep., 1984, pp. 48-49.

Mauksch, E., Implementing Change in Nursing, (RT86.5 M38

Review Change Theory from Sociology.

Kozier, B., Fundamentals of Nursing, 3rd Edition, pp. 131-142.

Play From Strength: A Canadian Woman's Guide to Initiating Political Action, The Canadian Advisory Council on the Status of Women, 1983.

Review Communications, Year I

Lebjack, Charlotte. "Dealing With Leadership Changes", Nursing Success Today, Dec. 19 86, Vol. 3, #12.

Bernhard W., The Key to the Professionalization of Nursing (RT89B46).

Langford, T.L., Managing and Being Managed, (RT82L32).

"Games People Play in Supervision" (reserve article)

Be prepared to give specific examples

Hoogendijk, Linda. "Qualities For Nurse Leaders", Nursing Success Today, Aug. 1986, Vol. 3, #8.

## LEARNING OBJECTIVES

IV. Describe the following methods of nursing care delivery:

1. Functional Method
2. Team Method
3. Primary Method
4. Modular Method

V, Examine selected roles and responsibilities of the nursing profession.

1. Explain the structure and functions of:
  - a) RNAO
  - b) College of Nurses
  - c) ONA
2. Examine the following working relationships:
  - a) Nurse-Nurse
  - b) Nurse-Patient
  - c) Nurse-Physician
  - d) Nurse-Employer
3. Examine selected current issues in nursing.

## LEARNING RESOURCES

Kozier, B., Fundamentals of Nursing, 3rd Edition, pp. 18-19.

Teacher will present information on these methods.

Identify and critique method of your assigned ward, for class discussion.

Handouts on RNAO, CON, and ONA.

Guest Speakers

Cortin, L. and Flaherty, M.J., Nursing Ethics; Theories and Practice, Brady, 1982, Section III.

Class Discussions